

# CPR DAVE *State-of-the-Art CPR Training*

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## **Directions to White Plains Training Center**

White Plains Training Center  
151 East Post Road, Suite 101 (Second floor)  
White Plains, NY 10601  
845.224.6355

### **From I-287 / Cross Westchester Expressway heading EAST**

- Take I-287 East / Cross Westchester Expressway towards White Plains / Rye
- Take Route 22 - Exit #6 towards White Plains / North White Plains
- Turn RIGHT onto North Broadway / RT-22 / CR-87 and continue 1 mile
- Follow RT-22 South and bear RIGHT as RT-22 / Broadway becomes East Post Road
- Continue 0.1 mile to second light at the intersection of Mamaroneck Ave and East Post Road
- Cross Mamaroneck Avenue and the entrance to 151 East Post Road will be on the left just past the corner.
- Municipal Parking is just past the building on the left

### **From I-287 / Cross Westchester Expressway heading WEST**

- Take I-287 West / Cross Westchester Expressway towards White Plains / Rye
- Take RT-22 - Exit #6 towards White Plains / North White Plains
- At end of ramp, turn LEFT
- At light, turn LEFT onto North Broadway / RT-22 / CR-87 and continue 1 mile
- Continue to follow RT-22 SOUTH, bear right as RT-22 Broadway becomes East Post Road
- Continue 0.1 miles to 2nd traffic light at the intersection of Mamaroneck Avenue and East Post Road
- Cross Mamaroneck Avenue and the entrance to 151 East Post Road will be on the left just past the corner
- Municipal Parking is just past the building on the left

## **Parking:**

- Just past the building and before the next light turn LEFT into the Municipal Parking Lot (Chester Avenue Parking Facility)
- Park in the garage structure, as that provides parking for 3 hours or more
- Parking elsewhere only offers 2 hour parking
- Note Space number and pay for parking at Parking Pay Station
- Retain your parking ticket in the event you wish to add more time

## **Building Access : (If front door is not open)**

- There is a key pad located on the right side of the main door entrance
- Punch in the code: 101 (Suite Number) on the key pad
- Wait for the audio tone indicating the main door has been unlocked

## **Training Center:**

- Once you enter the lobby, proceed upstairs and turn RIGHT
- At the next hallway, turn RIGHT and Suite 101 will be the last office on the left

If you have any questions about directions / parking or need building access, please contact the Instructor at **845.224.6355**