



an American Heart Association Certified Training Center

**Northern Westchester Hospital Center  
North Building – Basement Training Room  
400 E. Main Street (Route 117)  
Mt Kisco, NY 10549**

**Phone: 845-224-6355**

### **DIRECTIONS**

#### **From Saw Mill River Parkway heading NORTH or SOUTH**

- Take the EXIT 34 - toward RTE 133 / MOUNT KISCO
- At end of off ramp, turn onto RTE 133 heading EAST (Route 133 turns into Route 117 / W. Main Street) and continue for 1.2 miles
- Turn RIGHT into hospital entrance
- Follow road to RIGHT and the North Building parking lot, shown in BLUE on map (take ticket inside and pay at pay station inside the building when leaving after class)

#### **From I-684 heading NORTH OR SOUTH**

- Take EXIT 4 for MOUNT KISCO / BEDFORD
- At end of off ramp, turn onto RTE 172 WEST toward Mount Kisco and continue for 2.2 miles
- Go STRAIGHT into hospital entrance
- Follow road to RIGHT and the North Building parking lot, shown in BLUE on map (take ticket inside and pay at pay station inside the building when leaving after class)

### **PARKING**

Parking is available in the North Building parking lot, (shown in BLUE on the map). There is a charge for parking. Upon entering the lot take the ticket from the automatic gate machine. Be sure to bring in the ticket with you. Upon leaving the building after class, there is a pay station at the front door.

### **TRAINING ROOM**

The training room is located in the basement of the North Building (shown in YELLOW on the map). When you enter the building from the parking lot, turn slightly to your right and take the elevator to the basement level. At the basement, turn RIGHT and the training room is down the hallway on your right.

### **NOTE**

Please be sure to arrive 10 minutes **before** class time so you have ample time to park and get to the classroom.

